Discover acceleration of gradient descent

Seminar

Optimization for ML. Faculty of Computer Science. HSE University

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GD. Convergence rates

$$\min_{x \in \mathbb{R}^n} f(x) \qquad x_{k+1} = x_k - \alpha_k \nabla f(x_k) \qquad \kappa = \frac{L}{\mu}$$

	smooth & convex	smooth & strongly convex (or PL)
Upper bound	$f(x_k) - f^* \approx \mathcal{O}\left(\frac{1}{k}\right)$	$ x_k - x^* ^2 \approx \mathcal{O}\left(\left(\frac{\kappa - 1}{\kappa + 1}\right)^k\right)$
Lower bound	$f(x_k) - f^* \approx \Omega\left(\frac{1}{k^2}\right)$	$ x_k - x^* ^2 \approx \mathcal{O}\left(\left(\frac{\kappa - 1}{\kappa + 1}\right)^k\right)$ $ x_k - x^* ^2 \approx \Omega\left(\left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}\right)^k\right)$

Three update schemes

Normal gradient

$$\boldsymbol{x}_k - \alpha_k \nabla f(\boldsymbol{x}_k)$$

Move the point x_k in the direction $-\nabla f(x_k)$ for $\alpha_k \|\nabla f(x_k)\|$ amount.

Three update schemes

Normal gradient

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Move the point x_k in the direction $-\nabla f(x_k)$ for $\alpha_k ||\nabla f(x_k)||$ amount.

Polyak's Heavy Ball Method

$$\boldsymbol{x}_k - \alpha_k \nabla f(\boldsymbol{x}_k) + \beta_k (\boldsymbol{x}_k - \boldsymbol{x}_{k-1})$$

Perform a GD, move the updated-x in the direction of the previous step for $\beta_k ||x_k - x_{k-1}||$ amount.

Three update schemes

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Polyak's Heavy Ball Method

$$\boldsymbol{x}_k - \alpha_k \nabla f(\boldsymbol{x}_k) + \beta_k (\boldsymbol{x}_k - \boldsymbol{x}_{k-1})$$

Perform a GD, move the updated-x in the direction of the previous step for $\beta_k ||x_k - x_{k-1}||$ amount.

Nesterov's acceleration

$$\mathbf{x}_k - \alpha_k \nabla f(\mathbf{x}_k + \beta_k(\mathbf{x}_k - \mathbf{x}_{k-1})) + \beta_k(\mathbf{x}_k - \mathbf{x}_{k-1})$$

Move the not-yet-updated-x in the direction of the previous step for $\beta_k ||x_k - x_{k-1}||$ amount, perform a GD on the shifted-x, then move the updated-x in the direction of the previous step for $\beta_k \| \boldsymbol{x}_k - \boldsymbol{x}_{k-1} \|$.

 $f \to \min_{x,y,z}$ Lecture recap

Black box iteration

The iteration of gradient descent:

$$x^{k+1} = x^k - \alpha^k \nabla f(x^k)$$

$$= x^{k-1} - \alpha^{k-1} \nabla f(x^{k-1}) - \alpha^k \nabla f(x^k)$$

$$\vdots$$

$$= x^0 - \sum_{i=0}^k \alpha^{k-i} \nabla f(x^{k-i})$$

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$$= x^0 - \sum_{i=0}^k \alpha^{k-i} \nabla f(x^{k-i})$$

Consider a family of first-order methods, where

$$x^{k+1} \in x^0 + \operatorname{span}\left\{\nabla f(x^0), \nabla f(x^1), \dots, \nabla f(x^k)\right\}$$
 f - smooth $x^{k+1} \in x^0 + \operatorname{span}\left\{q_0, q_1, \dots, q_k\right\}$, where $q_i \in \partial f(x^i)$ f - non-smooth

(1)

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In order to construct a lower bound, we need to find a function f from corresponding class such that any method from the family 1 will work at least as slow as the lower bound.

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i Theorem

There exists a function f that is L-smooth and convex such that any method 1 satisfies for any $k: 1 \le k \le \frac{n-1}{2}$:

$$f(x^k) - f^* \ge \frac{3L||x^0 - x^*||_2^2}{32(k+1)^2}$$

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- No matter what gradient method you provide, there is always a function f that, when you apply your gradient method on minimizing such f, the convergence rate is lower bounded as $\mathcal{O}\left(\frac{1}{L^2}\right)$.
- The key to the proof is to explicitly build a special function f.
- Note, that this bound $\mathcal{O}\left(\frac{1}{k^2}\right)$ does not match the rate of gradient descent $\mathcal{O}\left(\frac{1}{k}\right)$. Two options possible:
 - a. The lower bound is not tight.
 - b. The gradient method is not optimal for this problem.

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HBM for a quadratic problem

i Question

Which step size strategy is used for GD?

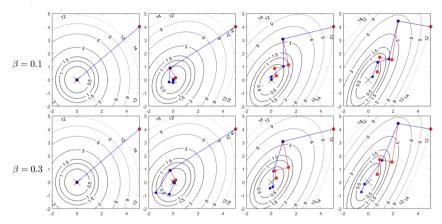


Figure 1: GD vs. HBM with fixed β .

Observation: for nice f (with spherical level sets), GD is already good enough and HBM adds a little effect. However, for bad f (with elliptic level sets), HBM is better in some cases.

HBM for a quadratic problem

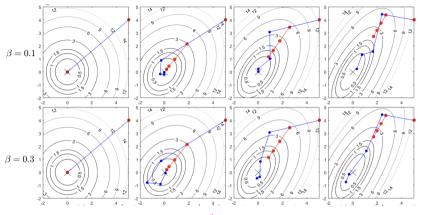


Figure 2: GD with $\alpha = \frac{1}{I}$ vs. HBM with fixed β .

Observation: same. If nice f (spherical lv. sets), GD is already good enough. If bad f (with elliptic lv. sets), HBM is better in some cases.

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NAG as a Momentum Method

• Start by setting $k=0, a_0=1, x_{-1}=y_0, y_0$ to an arbitrary parameter setting, iterates

Gradient update
$$x_k = y_k - \alpha_k \nabla f(y_k)$$
 (2)

Extrapolation weight
$$a_{k+1} = \frac{1 + \sqrt{1 + 4a_k^2}}{2}$$
 (3)

Extrapolation
$$\boldsymbol{y}_{k+1} = \boldsymbol{x}_k + \frac{a_k - 1}{a_{k+1}} (\boldsymbol{x}_k - \boldsymbol{x}_{k-1})$$
 (4)

Note that here fix step-size is used: $\alpha_k = \frac{1}{L} \ \forall k$.

• Theorem. If f is L-smooth and convex, the sequence $\{f(x_k)\}_k$ produced by NAG convergences to the optimal value f^* as the rate $\mathcal{O}(\frac{1}{k^2})$ as

$$f(\boldsymbol{x}_k) - f^* \le \frac{4L\|\boldsymbol{x}_k - \boldsymbol{x}^*\|^2}{(k+2)^2}$$

 The above representation is difficult to understand, so we will rewrite these equations in a more intuitive manner.

NAG as a Momentum Method

If we define

$$x_{k} = x_{k-1} + \beta_{k-1}v_{k-1} - \alpha_{k-1}\nabla f(x_{k-1} + \beta_{k-1}v_{k-1})$$

then the combination of Equation 4 and Equation 6 implies:
$$u_k = x_{k-1} + \beta_{k-1} v_{k-1}$$

 $v_k \equiv x_k - x_{k-1}$ $\beta_k \equiv \frac{a_k - 1}{a_{k+1}}$

which can be used to rewrite Equation 2 as follows using $\alpha_k=\alpha_{k-1}$:

The Equation 2 do follows using
$$\alpha_k = \alpha_{k-1}$$
.

$$v_k = \beta_{k-1} v_{k-1} - \alpha_{k-1} \nabla f(x_{k-1} + \beta_{k-1} v_{k-1})$$

$$\boldsymbol{v}_{k+1} = \beta_k \boldsymbol{v}_k - \alpha_k \nabla f(\boldsymbol{x}_k + \beta_k \boldsymbol{v}_k)$$

where Equation 8 is a consequence of Equation 5. Alternatively:

$$\boldsymbol{x}_{k+1} = \boldsymbol{x}_k + \boldsymbol{v}_{k+1}$$

where $\alpha_k > 0$ is the **learning rate**, β_k is the **momentum coefficient**. Compare HBM with NAG.

(5)

(6)

(7)

(8)

NAG for DL 1

task	$0_{(SGD)}$	0.9N	0.99N	0.995N	0.999N	0.9M	0.99M	0.995M	0.999M	$\mathrm{SGD}_{\mathrm{C}}$
Curves	0.48	0.16	0.096	0.091	0.074	0.15	0.10	0.10	0.10	0.16
Mnist	2.1	1.0	0.73	0.75	0.80	1.0	0.77	0.84	0.90	0.9
Faces	36.4	14.2	8.5	7.8	7.7	15.3	8.7	8.3	9.3	NA

Figure 3: The table reports the squared errors on the problems for each combination of β_{max} and a momentum type (NAG=N, HB=M). When β_{max} is 0 the choice of NAG vs HB is of no consequence so the training errors are presented in a single column. For each choice of β_{max} , the highest-performing learning rate is used. The column SGD $_C$ lists the results of Chapelle & Erhan (2011) who used 1.7M SGD steps and tanh networks.

 $J \to \min_{x,y,z}$ NAG for DL

 $^{^{1}}$ Link

Heavy Ball Global Convergence ²

i Theorem

Assume that f is smooth and convex and that

$$\beta \in [0,1), \quad \alpha \in \left(0, \frac{2(1-\beta)}{L}\right).$$

Then, the sequence $\{x_k\}$ generated by Heavy-ball iteration satisfies

$$f(\overline{x}_T) - f^* \le \begin{cases} \frac{\|x_0 - x^*\|^2}{2(T+1)} \left(\frac{L\beta}{1-\beta} + \frac{1-\beta}{\alpha}\right), & \text{if } \alpha \in \left(0, \frac{1-\beta}{L}\right], \\ \frac{\|x_0 - x^*\|^2}{2(T+1)(2(1-\beta) - \alpha L)} \left(L\beta + \frac{(1-\beta)^2}{\alpha}\right), & \text{if } \alpha \in \left[\frac{1-\beta}{L}, \frac{2(1-\beta)}{L}\right), \end{cases}$$

where \overline{x}_T is the Cesaro average of the iterates, i.e.,

$$\overline{x}_T = \frac{1}{T+1} \sum_{k=1}^{T} x_k.$$

 $^{^2}$ Global convergence of the Heavy-ball method for convex optimization, Euhanna Ghadimi et.al.

Heavy Ball Global Convergence ³

1 Theorem

Assume that f is smooth and strongly convex and that

$$\alpha \in (0, \frac{2}{L}), \quad 0 \leq \beta < \frac{1}{2} \left(\frac{\mu \alpha}{2} + \sqrt{\frac{\mu^2 \alpha^2}{4} + 4(1 - \frac{\alpha L}{2})} \right).$$

Then, the sequence $\{x_k\}$ generated by Heavy-ball iteration converges linearly to a unique optimizer x^* . In particular,

$$f(x_k) - f^* \le q^k (f(x_0) - f^*),$$

where $q \in [0, 1)$.

³Global convergence of the Heavy-ball method for convex optimization, Euhanna Ghadimi et.al.

NAG Global Convergence

i Theorem

Let $f: \mathbb{R}^n \to \mathbb{R}$ is convex and L-smooth. The Nesterov Accelerated Gradient Descent (NAG) algorithm is designed to solve the minimization problem starting with an initial point $x_0 = y_0 \in \mathbb{R}^n$ and $\lambda_0 = 0$. The algorithm iterates the following steps:

 $y_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$

Extrapolation:
$$x_{k+1} = (1 - \gamma_k)y_{k+1} + \gamma_k y_k$$

Extrapolation weight:
$$\lambda_{k+1} = \frac{1 + \sqrt{1 + 4\lambda_k^2}}{2}$$

Extrapolation weight:
$$\gamma_k = \frac{1 - \lambda_k}{\lambda_{k+1}}$$

The sequences $\{f(y_k)\}_{k\in\mathbb{N}}$ produced by the algorithm will converge to the optimal value f^* at the rate of $\mathcal{O}\left(\frac{1}{12}\right)$, specifically:

$$f(y_k) - f^* \le \frac{2L||x_0 - x^*||^2}{k^2}$$

Convergence rates

NAG Global Convergence

i Theorem

Let $f: \mathbb{R}^n \to \mathbb{R}$ is μ -strongly convex and L-smooth. The Nesterov Accelerated Gradient Descent (NAG) algorithm is designed to solve the minimization problem starting with an initial point $x_0 = y_0 \in \mathbb{R}^n$ and $\lambda_0 = 0$. The algorithm iterates the following steps:

Gradient update:
$$y_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$$

Extrapolation:
$$x_{k+1} = (1 + \gamma_k)y_{k+1} - \gamma_k y_k$$

Extrapolation weight:
$$\gamma_k = \frac{\sqrt{L} - \sqrt{\mu}}{\sqrt{L} + \sqrt{\mu}}$$

The sequences $\{f(y_k)\}_{k\in\mathbb{N}}$ produced by the algorithm will converge to the optimal value f^* linearly:

$$f(y_k) - f^* \le \frac{\mu + L}{2} ||x_0 - x^*||_2^2 \exp\left(-\frac{k}{\sqrt{\kappa}}\right)$$

Convergence rates

Hobbits

Let's code! **@**Colab





Logistic Regression

Let's code! **@**Colab





References and Python Examples

- Figures for HBM was taken from the presentation. Visit site for more tutorials.
- Why Momentum Really Works. Link.
- Run code in Colab. The code taken from .
- On the importance of initialization and momentum in deep learning. Link.



NAG for a quadratic problem

Consider the following quadratic optimization problem:

$$\min_{x \in \mathbb{R}^d} q(x) = \min_{x \in \mathbb{R}^d} \frac{1}{2} x^\top A x - b^\top x, \text{ where } A \in \mathbb{S}^d_{++}.$$

Every symmetric matrix A has an eigenvalue decomposition

$$A = Q \operatorname{diag}(\lambda_1, \dots, \lambda_n) Q^T = Q \Lambda Q^T, \quad Q = [q_1, \dots, q_n].$$

and, as per convention, we will assume that the λ_i 's are sorted, from smallest λ_1 to biggest λ_n . It is clear, that λ_i correspond to the **curvature** along the associated eigenvector directions.

We can reparameterize q(x) by the matrix transform Q and optimize y=Qx using the objective

$$p(y) \equiv q(x) = q(Q^{\top}y) = y^{\top}Q(Q^{\top}\Lambda Q)Q^{\top}y/2 - b^{\top}Q^{\top}y = y^{\top}\Lambda y/2 - c^{\top}y,$$

where c = Qb.

We can further rewrite p as

$$p(y) = \sum_{i=1}^{n} [p]_i([y]_i),$$

where $[p]_{i}(t) = \lambda_{i}t^{2}/2 - [c]_{i}t$.

NAG for a quadratic problem

Theorem 2.1 from [1].

Let $p(y) = \sum_{i=1}^n [p]_i([y]_i)$ such that $[p]_i(t) = \lambda_i t^2/2 - [c]_i t$. Let α be arbitrary and fixed. Denote by $\mathsf{HBM}_x(\beta, p, y, v)$ and $\mathsf{HBM}_v(\beta, p, y, v)$ the parameter vector and the velocity vector respectively, obtained by applying one step of HBM (i.e., Eq. 1 and then Eq. 2) to the function p at point y, with velocity v, momentum coefficient β , and learning rate α . Define NAG_x and NAG_y analogously. Then the following holds for $z \in \{x, v\}$:

$$\mathsf{NAG}_z(\beta, p, y, v) = \begin{bmatrix} \mathsf{HBM}_z(\beta(1 - \alpha\lambda_1), [p]_1, [y]_1, [v]_1) \\ \vdots \\ \mathsf{HBM}_z(\beta(1 - \alpha\lambda_n), [p]_n, [y]_n, [v]_n) \end{bmatrix}$$



NAG for a quadratic problem. Proof (1/2)

Proof:

It's easy to show that if

$$x_{i+1} = \mathsf{HBM}_x(\beta_i, [q]_i, [x]_i, [v]_i)$$

 $v_{i+1} = \mathsf{HBM}_v(\beta_i, [q]_i, [x]_i, [v]_i)$

then for $y_i = Qx_i, w_i = Qv_i$

$$\begin{aligned} y_{i+1} &= \mathsf{HBM}_x(\beta_i, [p]_i, [y]_i, [w]_i) \\ w_{i+1} &= \mathsf{HBM}_v(\beta_i, [p]_i, [y]_i, [w]_i) \end{aligned}$$

. Then, consider one step of HBM_v :

$$\begin{split} \mathsf{HBM}_{v}(\beta, p, y, v) &= \beta v - \alpha \nabla p(y) \\ &= (\beta[v]_{1} - \alpha \nabla_{[y]_{1}} p(y), \dots, \beta[v]_{n} - \alpha \nabla_{[y]_{n}} p(y)) \\ &= (\beta[v]_{1} - \alpha \nabla[p]_{1}([y]_{1}), \dots, \beta[v]_{n} - \alpha \nabla[p]_{n}([y]_{n})) \\ &= (\mathsf{HBM}_{v}(\beta_{1}, [p]_{1}, [y]_{1}, [v]_{1}), \dots, \mathsf{HBM}_{v}(\beta_{i}, [p]_{i}, [y]_{i}, [v]_{i})) \end{split}$$

This shows that one step of HBM_v on p is precisely equivalent to n simultaneous applications of HBM_v to the one-dimensional quadratics $[p]_i$, all with the same β and α . Similarly, for HBM_x .



NAG for a quadratic problem. Proof (2/2)

Next we show that NAG, applied to a one-dimensional quadratic with a momentum coefficient β , is equivalent to HBM applied to the same quadratic and with the same learning rate, but with a momentum coefficient $\beta(1-\alpha\lambda)$. We show this by expanding $NAG_v(\beta, [p]_i, y, v)$ (where y and v are scalars):

$$\begin{split} \mathsf{NAG}_v(\beta,[p]_i,y,v) &= \beta v - \alpha \nabla[p]_i(y+\beta v) \\ &= \beta v - \alpha (\lambda_i(y+\beta v) - c_i) \\ &= \beta v - \alpha \lambda_i \beta v - \alpha (\lambda_i y - c_i) \\ &= \beta (1-\alpha \lambda_i) v - \alpha \nabla[p]_i(y) \\ &= \mathsf{HBM}_v(\beta (1-\alpha \lambda_i),[p]_i,y,v). \end{split}$$

QED.

Observations:

- HBM and NAG become **equivalent** when α is small (when $\alpha\lambda\ll 1$ for every eigenvalue λ of A), so NAG and HBM are distinct only when α is reasonably large.
- When α is relatively large, NAG uses smaller effective momentum for the high-curvature eigen-directions, which prevents oscillations (or divergence) and thus allows the use of a larger β than is possible with CM for a given α .

