## **Gradient Descent. Convergence rates**

Seminar

Optimization for ML. Faculty of Computer Science. HSE University



#### **Gradient Descent**

Suppose, we have a problem of minimization of a smooth function  $f(x): \mathbb{R}^n \to \mathbb{R}$ :

$$f(x) \to \min_{x \in \mathbb{R}}$$



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$$x_{k+1} = x_k - \eta_k \nabla f(x_k)$$



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The bottleneck (for almost all gradient methods) is choosing step-size, which can lead to the dramatic difference in method's behavior.



## How to choose step sizes

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• Backtracking line search. Fix two parameters:  $0 < \beta < 1$  and  $0 < \alpha \leq 0.5$ . At each iteration, start with t=1, and while

$$f(x_k - t\nabla f(x_k)) > f(x_k) - \alpha t \|\nabla f(x_k)\|_2^2$$

shrink  $t = \beta t$ . Else perform Gradient Descent update  $x_{k+1} = x_k - t \nabla f(x_k)$ .



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Exact line search.

$$\eta_k = \operatorname*{arg\,min}_{\eta > 0} f(x_k - \eta \nabla f(x_k))$$



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Let's consider a linear approximation of the differentiable function f along some direction  $h, ||h||_2 = 1$ :

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Thus, the direction of the antigradient

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gives the direction of the **steepest local** decreasing of the function f. The result of this method is

$$x_{k+1} = x_k - \alpha f'(x_k)$$

Gradient Descent roots

Minimizer of Lipschitz parabola If a function  $f:\mathbb{R}^n \to \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant L, then  $\forall x, y \in \mathbb{R}^n$ :

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which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} ||x - x_0||^2,$$
  
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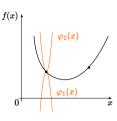


Figure 1: Illustration

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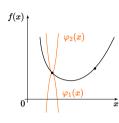


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$$\nabla \phi_2(x) = 0$$
$$\nabla f(x_0) + L(x^* - x_0) = 0$$
$$x^* = x_0 - \frac{1}{L} \nabla f(x_0)$$

This way leads to the  $\frac{1}{L}$  stepsize choosing. However, often the L constant is not known.

 $x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$ 

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i Theorem

If a function f(x) is differentiable and  $\mu$ -strongly convex, then it is a PL function.

## **Proof**

By first order strong convexity criterion:

$$f(y) \ge f(x) + \nabla f(x)^{T} (y - x) + \frac{\mu}{2} ||y - x||_{2}^{2}$$

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Then 
$$a+b=\sqrt{\mu}(x-x^*)$$
 and  $a-b=\frac{2}{\sqrt{\mu}}\nabla f(x)-\sqrt{\mu}(x-x^*)$ 

$$f(x) - f(x^*) \le \frac{1}{2} \left( \frac{1}{\mu} \|\nabla f(x)\|_2^2 - \left\| \sqrt{\mu} (x - x^*) - \frac{1}{\sqrt{\mu}} \nabla f(x) \right\|_2^2 \right)$$

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$$f(x) - f(x^*) \le \frac{1}{2\mu} \|\nabla f(x)\|_2^2,$$

which is exactly the PL condition. It means, that we already have linear convergence proof for any strongly convex function.

## Exact line search aka steepest descent

$$\alpha_k = \arg\min_{\alpha \in \mathbb{R}^+} f(x_{k+1}) = \arg\min_{\alpha \in \mathbb{R}^+} f(x_k - \alpha \nabla f(x_k))$$

More theoretical than practical approach. It also allows you to analyze the convergence, but often exact line search can be difficult if the function calculation takes too long or costs a lot. Interesting theoretical property of this method is that each following iteration is orthogonal to the previous one:

$$\alpha_k = \arg\min_{\alpha \in \mathbb{R}^+} f(x_k - \alpha \nabla f(x_k))$$

Optimality conditions:

$$\nabla f(x_{k+1})^{\top} \nabla f(x_k) = 0$$

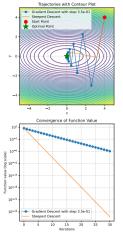


Figure 2: Steepest Descent

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Assume that f is convex, differentiable and Lipschitz gradient with constant L > 0.

#### Theorem

Gradient descent with fixed step size  $t \leq 1/L$  satisfies

$$f(x^{(k)}) - f^* \le \frac{\|x^{(0)} - x^*\|_2^2}{2tk}$$

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$$f(y) \le f(x) + \nabla f(x)^{T} (y - x) + \frac{L}{2} ||y - x||_{2}^{2}, \forall x, y$$

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Let  $y = x^+ = x - t\nabla f(x)$ , then:

$$f(x^{+}) \le f(x) - \left(1 - \frac{Lt}{2}\right) t \|\nabla f(x)\|_{2}^{2} \le f(x) - \frac{1}{2L} \|\nabla f(x)\|_{2}^{2}$$

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 $f \to \min_{x,y,z}$  Gradient Descent roots

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This recalls us the stopping condition in Backtracking line search when  $\alpha=0.5, t=\frac{1}{L}$ . Hence, Backtracking line search with  $\alpha=0.5$  plus condition of Lipschitz gradient will guarantee us the convergence rate of O(1/k).

#### **Problem**

#### Consider the problem

$$\min_{x \in \mathbb{R}^n} f(x),$$

where f(x) is convex and L-smooth. Find convergence rate of gradient descent with optimal theoretical step size  $\eta_k = \frac{1}{L}$  for the *mean point* and for the *best point*. In other words get upper bounds on

- $f(\bar{x}_N) f^*$ , where  $\bar{x}_N = \frac{1}{N} \sum_{i=0}^{N-1} x_i$ ,
- $\min_{0 \le i \le N-1} f(x_i) f^*$ .

#### i Gradient descent step

$$x_{k+1} = \arg\min_{x \in \mathbb{R}^n} \left\{ \Psi_k(x) \equiv f(x_k) + \langle \nabla f(x_k), x - x_k \rangle + \frac{L}{2} \|x - x_k\|_2^2 \right\}$$

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Use the fact that  $\Psi_k(x)$  is L-strongly convex due to quadratic regularizer.

## Code

Examples: **code** snippet.



